



In the Know:

- July 4th office is closed
- July 10th at 6 pm Dedication of the Lisa Dugan Chapel RSVP with Debbie
- Welcome Father Robert Gillispie!
- Welcome Felicia Hawkins!
- Chaplain Debbie is available to speak at your church/faith group

Chaplaincy Services News

Inova Loudoun Hospital

VOLUME 1 NUMBER 2

JUNE 28, 2018

Volunteer Spotlight: Darlene Kumler

On a typical Tuesday morning, Darlene Kumler packs inspirational stones into her jacket pockets and heads off to visit patients and families with her partner, Don Meyers. Darlene became a chaplaincy services volunteer around November of 2016. An active member of Sterling United Methodist Church, she was recruited by fellow church member and On-Call Chaplain Don Meyers and by Pastora Marcela, the minister for the Spanish speaking ministry at the church. Darlene speaks Spanish; she lived in Mexico for several years. Even though Darlene's first thought when asked was "no thanks," Don and Pastora Marcela kept inviting her. They knew that she had the gifts and graces for ministry with the sick. After a while, "the time just felt right," and she became a chaplaincy service volunteer, mentored by Don along the way.

And what about her hats? She said, "I always liked hats and I found one in the gift shop. I decided to wear it on the floor visiting patients. They seemed to like it. It allows patients who wish to chat to have something to chat about." Darlene dresses her hats with the seasons. She also handouts holiday stickers to patients and staff. She began handing out little heart stickers on her first Valentine's day here. She passed out over 50!



Don Myers and Darlene Kumler review their patient list before heading to the floor.

As Darlene visits with patients and their families, she listens to their struggles and their stories. She's learned something about herself in her service here. She says, "God has always been with me, I know that. But I realize it more so now that I am visiting with others, praying with others."

Darlene doesn't miss a beat when asked if there is anything she would like to add to our ministry here. She replies with her gracious humor, "A nap when I am done!"

God bless you Darlene and thank you for sharing your gifts and graces here!

Station Stitchers Share the Love



Penny Dunn with a “station stitcher” quilter and 9 bags of quilts for our patients!

Station Stickers in Purcellville led by Penny Dunn asked Chaplain Debbie to pick up 9 bags of quilts for our Inova Loudoun Hospital patients. She received a warm welcome and a chance to learn about this community outreach. Station Stickers quilters meet to share their love of community

and quilting by designing, stitching, and gifting quilts to individuals needing a little TLC to assist them through trying times. Station Stickers makes over 300 individualized quilts annually, donating them to recipients such as The Inova Loudoun Hospital for distribution to patients, to the Valiant Warrior

Project, and as remembrances for families suffering the loss of a loved one.

The website is http://joshuashands.org/Station_Stitchers.html and the address is 201 N. Maple Ave, Suite F Purcellville, VA 20132.

Thank you Penny! What a wonderful way to build community!

Thank you Father Robert and Felicia for expanding your ministry to include Inova Loudoun Hospital!

Welcome Father Robert and Felicia!

This month, we officially **welcome a good friend** of Inova Loudoun Chaplaincy as an On-call chaplain. **Father Robert** has participated in the hospital’s Ash Wednesday distribution of ashes and leads the LAMPS Tuesday spirituality group once a month. He has completing his onboarding and took call this week to respond to emergencies in the evenings, early mornings, and week-

ends. Father Robert is the Priest of the Celtic Orthodox Church in Toms Brook, VA.

It is a great privilege to welcome Rev. Felicia Hawkins to Chaplaincy Services! Felicia has joined with us as an interfaith chaplain who will visit patients on Monday evenings. Felicia is an active member and minister of Mount Pleasant Baptist

Church in Herndon. She serves there as the assistant director for the children, youth and young adults ministry. She is finishing up her onboarding and begins visitation with patients and families in July.

Hear our prayer



◆ We lift Father John Sheehan in prayer as he recuperates from surgery.

◆ We pray for Mike Doust who is taking a medical sabbatical for six months.

◆ We remember our volunteers who are traveling and taking much deserved vacations!

Prayer Corner

A Spirit Care Visit Or A Social Visit?

Visitation with the sick is an art form. It is words spoken, silences observed—empathetically listening to what our patients and families wish to say. As an art form, we learn best by practice and reflection. As we go about our chaplaincy work, it is helpful to review our visits with some self-reflection. We strive for

spiritual care visits but all of us will have times when our visits are more social in nature. The following definitions are helpful in reflecting upon her visits.

A spiritual care visit offers peace and is one sided. The focus of the visit is on the patient/family; the volunteer is never the subject. A spiritual care visit ventures

below the surface and allows someone to seek meaning and solutions for themselves. It is holy ground. The patient/family is no less tired than before.

A social visit is a mutual interaction that stays on the surface. It leaves the patient/family happy but tired.

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“The design of the chapel will honor Lisa’s life—the art of healing, her love and dedication to this community, and her rich faith.”

The Lisa Dugan Chapel is almost complete!

In a few weeks, The Lisa Dugan Chapel will open. Thanks to the generous and thoughtful support of many of our colleagues, the chapel space is being transformed to provide an enhanced ecumenical worship space for our Inova Loudoun community. People of all religious

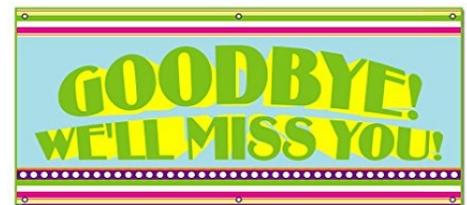
backgrounds will enter a transformed sacred space that instills spiritual well-being. As Lisa lived out her calling among us, the lasting legacy of her life is reflected in the chapel’s use of light, water imagery, and peace. The chapel dedication will be on July 10 at 6 pm. Look for

an email invitation next week. Please RSVP to Debbie if you are able to attend the dedication.

Farwell to Rachel Krempasky

Chaplaincy Services extends our warmest wishes and prayers to Rachel Krempasky, who is leaving Inova Loudoun Hospital to work for Fairfax County. Rachel has been the manager for Volunteer Services for five years! Thank you Rachel for

all you have done for our volunteer program and especially for the love and support of our Chaplaincy Services volunteers!



**Inova Loudoun Hospital
Chaplaincy Services
Deborah Carlton, Chaplain
Manager
44045 Riverside Parkway**

Chaplaincy Services provides spiritual care to the patients, families and staff of Inova Loudoun Hospital. Our team is led by Chaplaincy Manager, Debbie Carlton, a board certified chaplain.

We are blessed by three types of volunteers:

Interfaith volunteers who visit patients and families in their rooms and provide spiritual support to folks of all faiths and spiritual sensibilities.

Eucharistic Ministers from St. Theresa's who provided religious support to our Catholic patients.

On-call Chaplains who carry a pager for a week long shift and report when requested. They respond to emergency calls in the evenings, early mornings, and weekends.

**Thank you to our
faithful volunteers!**

A Spirit Care Visit Or A Social Visit? Cont'd

It focuses on offering solutions and providing answers with patients and families. Often, the volunteer feels anxious during silences and attempts to fill them with conversation.

Make note of your visits and what "worked," and what didn't "work." Did you sit or stand? How did you begin? Was the patient too tired? Were there too many folks in the room? How was your comfort level with the sights and sounds? Did the patient remind you of someone?

Take the insights gained in re-

flection into your next visits. And remember, the One who calls us to this ministry is present at every interaction.



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