

# LOCAL Mission Week

# Application Form

July 8 – 13, 2019

| ✓<br>Select<br>Your<br>Days | Local Outreach Activity   | Date / Time                                    | Participant<br>Age<br>Require-<br>ment | Type of Work/Tasks   |
|-----------------------------|---|--|--|--|
|                             | Senior Luncheon, Bingo,<br>and Ice Cream<br>SUMC - Gallihugh Hall/<br>kitchen | Monday,<br>9 AM - 3 PM                         | 12+ or<br>8+ w/ parent                 | Set-up of tables, decorations, assist with lunch and dessert<br>preparations, call bingo, clean-up                                 |
|                             | Mobile Hope<br>Leesburg   | Tuesday<br>1 - 4 PM                            | 12+ or<br>6+ w/ parent                 | Sort clothing and other resources that the organization<br>provides  |
|                             | Good Shepard Alliance<br>Ashburn  | Wednesday,<br>8AM - 4PM                        | 12+ or<br>6+ w/ parent                 | Painting of a fence, minor carpentry, moving gravel to smooth<br>over the parking lot, tree and shrub trimming                     |
|                             | DeShong's Forrest Gift<br>Garden<br>Hygiene Kit Assembly<br>SUMC              | Thursday<br>9:30 AM -<br>11:30<br><br>1 - 2 PM | 12+ or<br>4+ w/ parent                 | Weed and pick produce in the garden for distribution   |
|                             | Grace Ministries set-up<br>SUMC   | Friday,<br>9AM - 1 PM                          | 12+ or<br>6+ w/ parent                 | Set-up clothing racks as well as unloading and preparation of<br>canned and dry goods or Grace distribution on Saturday<br>morning |
|                             | Grace Ministries<br>SUMC  | Saturday,<br>7AM - 1PM                         | 12+ or<br>6+ w/ parent                 | Assist with check-in, food and clothing distribution, and minis-<br>try  |

**The Local Mission trip is a series of one day outreach activities for ages 6 through seniors that will work through a variety of our local agencies. Instead of a fee for participation, participants are asked to sign-up for an item for the Senior Luncheon as a donation toward the week's events.**

**Please use the Sign-up Genius found on the church website and in the weekly email.**

**Please have all donations to the church by Sunday July 7.**

- **Minimum age** requirements are as listed. For days that allow children, children under age 12 must be accompanied by



**Sterling United Methodist Church**  
**Iglesia Metodista Unida Sterling**  
304 East Church Road  
Sterling, VA 20164  
Phone 703-430-6455





# SUMC Local 2019 Application

LOCAL Mission Trip

All Applicants

First Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Suffix: \_\_\_\_\_

Preferred Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Current Grade (if student): \_\_\_\_\_ Age (on day of activity): \_\_\_\_\_ Birth Date: \_\_\_\_\_

Email Address: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Cell Phone : \_\_\_\_\_

**Previous Mission Trips Attended:** Year: 2018 Location: \_\_\_\_\_

Year: 2017 Location: \_\_\_\_\_ Year: 2015 Location: \_\_\_\_\_

Year: 2016 Location: \_\_\_\_\_ Year: 2014 Location: \_\_\_\_\_

Other \_\_\_\_\_

**Construction or Other Relevant Experience:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Adult Applicants:** Please answer the following:

Would you be willing to drive a vehicle? (if applicable) Yes  No

Do you have a vehicle we can use? (if applicable) Yes  No

If yes, how many seats (with seatbelts) are available (total, including the driver)? \_\_\_\_\_

**All Adults:**

Do you have first aid or CPR training? Yes  No  Date: \_\_\_\_\_

Would you be willing to take photos? Yes  No

**All Applicants:** Please sign and date after reading the following statements.

By participating in this trip, I recognize that I am representing Sterling United Methodist Church. I will conduct myself in a manner worthy of this mission and in keeping with the highest standards of conduct. I understand that I am called to serve others and to participate fully in the activities and responsibilities of our group.

**Signatures**

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Applicant

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian if applicant is under 18



# SUMC Local Week 2019 Donation List

LOCAL  
Mission

| Item                                  | Desired Amount          | Notes   |
|---------------------------------------|-------------------------|---|
| Turkey deli meat                      | 7 lbs.                  | 1 lb. minimum                                     |
| Ham deli meat                         | 7 lbs.                  | 1 lb. minimum                                     |
| Roast beef deli meat                  | 5 lbs.                  | 1 lb. minimum                                     |
| Sliced cheeses - variety              | 7 lbs.                  | 1 lb. minimum Cheddar, American, provolone, Swiss |
| lettuce                               | 2                       | 2 heads   |
| tomatoes                              | 9 - 12                  | Individual tomatoes                               |
| pickles                               | 2 jars                  | Slices - for sandwiches                           |
| Croissants                            | 4 trays/containers      | Costco (these were popular last year)             |
| Sandwich rolls or bread (variety)     | 5 dozen rolls/ 3 loaves | Wheat was popular; white was not                  |
| Large bags of potato chips            | 2 bags                  | Family-sized                                      |
| Large bags of tortilla chips          | 2 bags                  | Family sized                                      |
| Chex Mix                              | 2 bags                  | Family-sized                                      |
| Mustard, mayonnaise, other condiments | 1 container each        | Squeezable preferred<br>Other – please specify    |
| large tubs vanilla ice cream          | 3                       | Sam's/Costco sized                                |
| large tubs chocolate ice cream        | 2                       | Sam's/Costco sized                                |



SUMC Local Week 2019 Donation List  
Donation List (Continued)

|  |                 |  |
|--|-----------------|--|
| Whipped topping  | 4               | Spray nozzle   |
| Large bag or M&Ms  | 1 bag           | 1 lb. or larger  |
| Chocolate syrup  | 2               |  |
| Butterscotch or caramel ice cream toppings   | 2               |  |
| Individually -wrapped mints or small chocolates  | 100 pieces      | For table decorations  |
| Sprinkles or maraschino cherries   | 2 - 4           | Please specify   |
|  |                 |  |
| <b>Large Hygiene Kits</b>  | <b>50 total</b> | <b>For distribution at Park View's Back-to-School Open House</b> |
| Full-sized shampoo   | 50              | 2-in-1 Shampoo + conditioner would be great                      |
| Full-sized toothpaste  | 50              |  |
| Full-sized bar of soap   | 50              |  |
| Toothbrushes   | 200             | Groups of 4 preferred  |
| Deodorants   | 100             | 2-packs preferred  |
| Hand soap (pump)   | 50              |  |
| Miscellaneous: combs, washcloths, feminine hygiene products, lotion, conditioner, gallon Ziploc (slide lock preferred) |                 |  |